

The Top Ten Faces of Low Self-Esteem

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This person is described with the word S.I.N.G.L.E because they only think about themselves. The word single breaks down the key characteristics of the narcissism.

The Narcissist:

- *S. ense of Entitlement*
- *I. ntimidating*
- *N. eed constant praise*
- *G. od complex*
- *L. ack Empathy*
- *E. xploit others for personal gain*

The Codependent:

A person who may appear to be highly confident on the outside but relies on the weakness and deficiency from others to feel 100% complete. Or a very needy person who rely on others and not themselves.

The Fixer:

The fixer is a “parasite” who feeds off the brokenness of others to camouflage their own brokenness.

The Door Mat:

The person who allows people to walk all over them.

The Hard Rock:

The person who acts as if they don't want or need anyone.

The Victim:

The person who only functions in situations that allow them to be victimized.

The Image Driven:

The person who tries to portray perfection.

The Imposter:

The person who perpetrates to be everything they are not.

The Rebel:

The person who must go against the tide.

The Woman Child:

A person who lacked something significant as a child and rely on others as an adult to fill that void in hopes to get what they lacked as a child. For example, a woman who was not given much affection as a child may seek that same type of affection in her mate as an adult. However, others often view them as very needy immature, and lack growth a development as an adult.



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